

THE KNEE INJURY AND OSTEOARTHRITIS OUTCOME SCORE (KOOS)

SCORING

Instructions: Each item is scored 0-4 and the raw score for each section is the sum of item scores

Scores are the transformed to a 0 to 100 scale. A higher score indicates fewer problems.

Scale	Raw Score	Transformed Score	MDC ₉₀
Pain	/36	$100 - \frac{\text{Actual raw score} \times 100}{\text{Possible raw score range}}$ <p>Example: a pain raw score of 16 would be transformed as follows:</p> $100 - \frac{(16 \times 100)}{36} = 56$	12 points
Symptoms	/28		8 points
ADL	/68		10 points
Sport/Rec	/20		19 points
QOL	/16		13 points