NECK BOURNEMOUTH QUESTIONNAIRE

SCORING

Patient Name _____________________________ Date ________________________________
Examiner ________________________________

The Neck Bournemouth Questionnaire is used mainly for comparative purposes.

The first step is to obtain a Baseline Score which is best done on the day of the initial examination. This is done by summing up the 7 individual scores (total maximum score = 70).

This score is then later compared with Subsequent Scores.

Comparison of the Baseline Score with a Subsequent Score

Step 1: Sum up the 7 individual scores (total 70)
Step 2: Divide the raw change score with the Baseline Score and then multiply by 100.

\[
\frac{\text{raw change score}}{\text{baseline score}} \times 100
\]

Example:

Suppose the Baseline Score was 60 and the Subsequent Score is 35.

\[
\frac{35}{60} \times 100 = 58.3
\]

This means that there has been a 58.3% improvement from the Baseline Score to the Subsequent Score.

Interpretation

Neck: 34% is estimated to be a clinically significant change for the neck.